



**Friends**  
of  
Lexington Senior Centers

## Care in Action Report

2025



### KRISTY STAMBAUGH

*Director, Aging & Disability Services*

Since 2017, our vision has been to enrich the quality of life for active older adults by supporting specialized programs and providing resources to improve our physical, mental and emotional well-being.

"The Friends of Lexington Senior Centers are life savers to our organizations. Because we are a government entity, we have some constraints. We have enough funding to operate day to day, but we don't always have enough money to pay for the extras. I can't tell you how thankful we are for them as a resource."

### GALE REECE

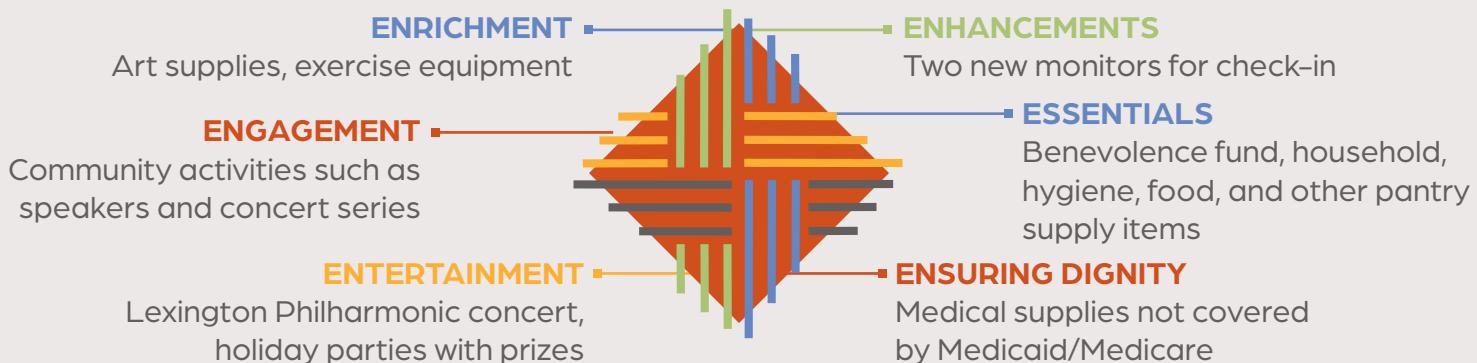
*President, Friends of Lexington Senior Centers*



"There is no benevolent fund in the city budget so we fill that gap. We have done things like bought heaters and air conditioners for people, provided clothes, provided emergency food and household items, all different things that the city may not be able to do, The Friends steps in to do."

## 2025 HIGHLIGHTS AT A GLANCE

Thanks to our generous donors, Friends of Lexington Senior Centers was able to make a difference in the lives of our community this year!



Friends of Lexington Senior Centers  
195 Life Lane, Lexington, KY 40502  
859.278.6072

info@lexseniorcentersfriends.org  
www.lexseniorcentersfriends.org  
 friendsoflexsrctrns

Friends of Lexington Senior Centers is a 501(c)(3) organization. Your donation is both tax-deductible & greatly appreciated!



## LINDSAY MEDLEY

*Social Worker, Lexington Senior Centers*

"Typically when support isn't available, the Friends step in and help cover those costs. We had a grandmother who had just gained custody of her grandchildren and all of their belongings were in a storage unit. They could not afford to get them out and the Friends helped cover the cost. When there is something that needs to be accomplished, we can always count on the Friends."

## Friends In Action

**After devastating flooding destroyed all the food in her home, a woman reached out to the Senior Centers for help. Recently diagnosed with diabetes, she had spent her food budget on specialty items she could no longer replace. The Friends stepped in, helping her restock her shelves with the nutritious foods she needed most.**



We have fun and we help provide the funding for programs that enrich the lives of active older adults in Fayette County.

**See how your support of the Friends makes a difference!**



### ENGAGEMENT & ENTERTAINMENT

Connecting through classes, celebrations, and community—these moments of joy and learning are made possible through The Friends with your support.

- Annual Gala
- Art supplies for classes
- Community events like Fall Prevention Awareness, "Now You Know" and Social Media Savvy educational programming
- Lexington Philharmonic Holiday and Brass Quintet concerts
- Holiday parties and door prizes
- Social Media safety and awareness campaigns (fraud prevention, fall prevention, winter safety)

### ENRICHMENT & FACILITY ENHANCEMENTS

From new technology to fitness and furniture upgrades, The Friends' funding helps create spaces where seniors thrive every day.

- New emergency alert system
- Reupholstered furniture
- New fitness equipment
- Table Tennis and art supplies
- Gardening Club supplies



**DONATE TODAY!**

### ESSENTIALS & ENSURING DIGNITY

Through benevolence funds and essential household support, The Friends ensures every person is cared for with dignity and compassion.

- Essential household and pantry supplies
- Benevolence & endowment funds
- Essential medical supplies, like wheel chair batteries and upgrades
- Social assistance for unexpected life events, like providing appropriate clothing for funerals or food that meets dietary needs that was lost in a natural disaster
- Supporting the Caring Cards program for social-emotional support

### THANK YOU TO OUR SPONSORS & DONORS!

**THE BEULAH S. MAYS CHARITABLE ENDOWMENT**  
Kentucky Colonels  
Kentucky Arts Commission  
NiSource/Columbia Gas

### THANK YOU TO OUR GALA SPONSORS!

**Chase (Presenting Sponsor)**  
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Bluegrass Elder Law

**Lexington Urban County Council**  
Memory Care Concierge  
Moneywatch Advisors  
Silver Lexington  
Village Caregiving

**Thank you to the staff at the Lexington Senior Centers!**



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